



- Your pet may be quiet and not as active for a few days following surgery.
- On the night after surgery only feed $\frac{1}{4}$ to $\frac{1}{2}$ the amount you normally give for dinner and offer water as needed. Sometimes after anesthesia pets do not have an appetite. This should return to normal in the next day or two.
- If you purchased additional pain relief medication, give the first dose when your pet has it's first meal. It is very important that they eat before taking their pain medications.
- The MOST IMPORTANT part of after care is to keep your pet CALM!

For Dogs: You must walk them on a leash for 7-10 days. Try to keep the walks as short as possible. No long walks, running or jogging. Keep your pet separate from other animals in the household. Please supervise any interactions with young children. During times you are not able to devote 100% of your attention (when you are away, sleeping or busy). Keep them in an isolated area. A large crate is best but you may also use a small room, laundry room or bathroom. You do not want them to have a large space to run around.

For Cats: Restrict your pet's activity as much as possible for the next 7-10 days. It would help to set them up in a small room, bathroom, or laundry room for the next couple of days. Keep them separate from other household animals. You must keep your cat inside for the next 7 days. Use shredded newspaper or a recycled, pelleted newspaper product in the litter box instead of your regular litter for 7-10 days. Please stay away from any type of litter that has small particles. This is to prevent infections/impaction of the incision.

- Do not give your pet a full body bath for two weeks following surgery. You may spot clean as needed.
- Please try to keep the incision dry and clean. If the incision gets dirty you may clean it with a mild soap and gentle cloth, betadine, iodine, or hydrogen peroxide (some do not like this because it gives a strange sensation). Please do not use any alcohol or alcohol based products. These burn and cause discomfort.
- Your pet will have a very small green or black tattoo on their surgery incision. This is a universal sign that they have been altered.



- If you purchased an e-collar please keep this on your pet for 7-10 days. You may remove it while your pet eats or if you are there to supervise. If you did not elect to purchase an e-collar and your pet starts to lick the incision you need to get one immediately. If your pet licks the incision it could get infected or cause the incision to open.
- There will usually NOT be any skin sutures that need to be removed. The sutures are placed in layers below the skin surface and dissolve. If sutures or staples are in place that need to be removed, a technician will point this out to you during your discharge instructions.
- Check the incision daily for any signs of infection: swelling, discharge, foul odor, redness, or anything that does not appear normal. If you notice any of these symptoms please contact us immediately at 503-283-0753.
- It is normal as the incision heals for a small pea or marble sized swelling or lump to appear. If this swelling becomes severe, red, or if you notice a continuous discharge occur please contact us immediately.
- If you have an emergency when we are closed (after 6p.m. to 8 a.m. & Sundays) please go to an emergency clinic.

2009 N. Killingsworth St.
Portland, Oregon
97217

503-283-0753 Tel.
503-286-5439 Fax

info@overlookvet.com
www.overlookvet.com

Mon, Tues, Thurs, Fri
7:30am - 6pm

Wed, Sat
9am - 2pm